

Scholastic Practice Guidelines

- **Morning practices begin at 7:00 a.m. and end at 8:00 a.m.**
- **Afternoon practices begin at 3:15 p.m. and end at 4:15 p.m.**

Before Practice:

- Please get any food or beverages that you need on your way to practice. You are only expected to practice one hour each week, so PLEASE use this hour for scholastic.
- Don't forget to sign in.
 - Remember – you must attend one practice a week and you certainly want to get credit for being here. If you miss an entire week of practice and/or games you will have an “unexcused absence”. After three “unexcused absences”, you will be removed from the scholastic team roster.
- When you arrive you should help set up for practice
 - The buzzer system should be set up on the side of the room by the bookshelves. Use the table for the controller. Everyone should actually know how to do this and everyone should be willing to help. Please don't stand around and wait for someone to do this.
- Unless we start getting way more people at the morning practices we will NOT use buzzers. Mornings will consist of working with the study guides and quizzing each other.

During Practice:

- We will play with 10 people. If we have 1 or 2 more people, then everyone will still play. If we have lots more people, then we will rotate people in and out. If you are not playing – then please listen to the questions and try to answer them or look over study guides.
- Teams will be randomly assigned. Questions will also be random.
- Yes, you need paper and pencil. Even if we don't do bonus questions, you may need to do calculations. **IF YOU DON'T DO MATH – CONSIDER LEARNING. DO NOT DISTRACT OTHERS DURING A MATH PROBLEM.**
- Please stay focused on scholastic practice for this hour. It is very difficult to read & respond to questions if people are always talking.

After Practice:

- **EVERYTHING NEEDS TO BE PUT AWAY BY THE PLAYERS – NOT BY THE COACHES.**
 - Used scratch paper goes in the recycling; pencils go in the case, etc.
- **PLEASE PICK UP YOUR OWN TRASH.**
 - If there are soda tops or candy wrappers left scattered around the room I will have to ban food and drinks from practice.